

WEST WINDSOR SENIOR CENTER

December 2025 News & Updates

Glucose Screening

**Wednesday
December 9, 2025
9:00am-11:00am**

Book Club

Holiday Luncheon

**Tuesday
December 16, 2025**

Blood Pressure Screening

**Wednesday
December 17,
2025**

11:00AM-12:00PM

New Class!

Stronger Seniors Chair Exercise Video

**Join us on Monday mornings at
9:15am as we will begin to offer a
chair video class.**

**This program is great for those who
wish to work on mobility and
strength!**

Come check it out!

DUPLICATE BRIDGE

**Every Wednesday
starting at
11:45AM**

**Fees apply for non-residents.
All players must have a partner to
participate.**

**Please contact the Senior Center
609-799-9068.**

ALL ARE WELCOME!

**Senior Center Closure
December 24, 2025
through January 1, 2026**

**The West Windsor Senior Center
Staff wishes everyone a wonderful
holiday season and a happy 2026!**

Senior Center 609-799-9068